

WILD AT HEART

MUSIC: Wild At Heart by Gloriana (CD single, preferred version: Bottle Rocket Remix). **SEQUENCE:** Begin after 40 count intro, then 48, 40, 48, 48, 48, 6, 48, 40. **Album Version (begin 32 counts in) & Porch Party Remix (begin 24 counts in):** 48, 40, 48, 48, 38, 48, 40. **NOTE:** Stomp Your Boots Remix is not recommended because phrasing is more complicated.

COUNTS
48

LEVEL
INT



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L HEEL GRIND, COASTER STEP, R HEEL GRIND, COASTER STEP

- | | | |
|-----|---------------------|--|
| 1,2 | Left grind | L heel touch forward w/toe turned slightly in (1), L heel grind turning toe slightly out (2) |
| 3&4 | Coaster step | L step ball of foot back (3), R step ball of foot next to L (&), L step forward (4) |
| 5,6 | Right grind | R heel touch forward w/toe turned slightly in (5), R heel grind turning out slightly out (6) |
| 7&8 | Coaster step | R step ball of foot back (7), L step ball of foot next to R (&), R step forward (8) |

WALK L-R, L KICK FORWARD & R SIDE TOUCH, R SAILOR STEP, L SAILOR STEP TURNING 1/4 LEFT

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|-----|-------------------------|---|
| 1,2 | Walk, walk | L step forward (1), R step forward (2) |
| 3&4 | Kick & touch | L kick forward (3), L step next to R (&), R toe touch side right (4) |
| 5&6 | Right sailor | R step behind L (5), L step side left (&), R step forward slightly apart from L (6) |
| 7&8 | Turn sailor | Turning 1/4 left (9:00), L step behind R (7), R step side right (&), L step side left (8) |

R CROSSING TRIPLE, L SIDE, R CROSS (w/SHOULDER ACTION), L SIDE, R TAP BEHIND, R HITCH-BALL-CHANGE

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|-----|--------------------------|--|
| 1&2 | Cross & cross | R step across L (1), L small step side left (&), R step across L (2) |
| 3,4 | Side, cross | L small step side left (3), R step across L (4) |
- Styling: Drop L shoulder/raise R shoulder (3), drop R shoulder/raise L shoulder (&), drop L shoulder/raise R shoulder (4)*
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|-----|--------------------------|--|
| 5,6 | Step, tap | L step side left (5), R toe tap behind L angling body diagonally right (10:30) (6) |
| 7&8 | Hitch-ball-change | Raise R knee (7), R step ball of foot next to L (&), L step slightly forward (8) |

TURN 1/2 LEFT STEPPING BACK R-L, R COASTER STEP, L SIDE STEP, BUMP HIPS LEFT 3X

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|-----|-----------------------|---|
| 1,2 | Half, back | Turn 1/2 left stepping R back (4:30) (1), L step back (2) |
| 3&4 | Coaster step | R step ball of foot back (3), L step ball of foot next to R (&), R step forward (4) |
| 5,6 | Together, bump | L step shoulder-width apart from R (5), bump hips left (6) |
| 7,8 | Bump, bump | Bump hips left two more times (7,8) |

R SIDE TOUCH, TURN 1/8 RIGHT STEPPING R TOGETHER, L SIDE TOUCH & R SIDE TOUCH (SYNCOPATED SWITCH), ROLLING TURN 1-1/4 CLOCKWISE W/DOUBLE HOP

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|-----|-------------------------|---|
| 1,2 | Touch, turn | R touch side right (1), turn 1/8 right (6:00) stepping R next to L (2) |
| 3&4 | Left & right | L touch side left (3), L step next to R (&), R touch side right (4) |
| 5,6 | Quarter, half | Turn 1/4 right (9:00) stepping R forward (5), turn 1/2 right (3:00) stepping L back (6) |
| 7,8 | Half, hop-hop | Turn 1/2 right (9:00) stepping R forward (7), touch L next to R and hop forward 2X (&8) |

L SIDE ROCK, RECOVER, SAILOR STEP L THEN R TRAVELING BACK, BALL-STEP-BALL-STEP TRAVELING FORWARD

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|------|-----------------------------|--|
| 1,2 | Side rock | L rock ball of foot side left (1), recover to R (2) |
| 3&4 | Left sailor | L step ball of foot behind R (3), R step side right and slightly back (&), L step in place slightly apart from R (4) |
| 5&6 | Right sailor | R step ball of foot behind L (5), L step side left and slightly back (&), R step in place slightly apart from L (6) |
| &7&8 | Ball-step, ball-step | L step ball of foot next to R (&), R step slightly forward (7), L step ball of foot next to R (&), R step slightly forward (8) |

[ALL VERSIONS: RESTART #1]

On 2nd repetition, dance through count 40 (the double hop), then start again from beginning.

[BOTTLE ROCKET REMIX ONLY: TAG]

After 5th repetition, do first 4 counts of the dance then step R forward (5) and touch L next to R (6); then start again from beginning. You will be facing 9:00 when this happens.

[ALBUM VERSION & PORCH PARTY REMIX: RESTART #2]

On 5th repetition, dance through count 37 and touch L next to R on 38, then start again from beginning.