

SAG, DRAG & FALL

32 count, 4 wall, Beginner Line Dance

Choreographed by Frank Trace (January, 2009)

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Music: "Sag, Drag & Fall" by Sid King and The Five Strings (bpm 184)
(from the CD "Ain't I'm A Dog")

"Wastin' Time With You" by Carlene Carter (bpm 184)

This is a tribute to the fun lovin' "Rockabilly" sound of the 50's.

DIAGONAL RIGHT STEP, SLIDE, STEP, SCUFF

DIAGONAL LEFT STEP, SLIDE, STEP, SCUFF

- 1-4 Step R diagonally to Right, slide L up to meet R, step R diagonally Right,
scuff L forward
- 5-8 Step L diagonally Left, slide R up to meet L, step L diagonally Left,
scuff R forward

STEP SCUFFS MAKING "ARC" PATTERN

- 1-8 Step R, scuff L, step L, scuff R, step R scuff L, step L scuff R (3:00)
*Note: As you do the step scuffs you are making an "arc" pattern,
doing a 3/4 turn left ending at the 3:00 wall.*

TOE STRUT JAZZ BOX

- 1-8 Cross R toe over L, step down on R, step L toe back, step down on L,
step R toe to Right side, step down on R, step L toe slightly forward,
step down on L

FORWARD STEP, SLIDE, STEP, HOLD, STEP, 1/2 PIVOT, STEP, HOLD

- 1-4 Step R forward, slide L up to meet R, step R forward, hold
- 5-8 Step L forward, pivot 1/2 to Right, step L forward, hold (9:00)

REPEAT