

Regresa

Choreographed By Ruben Luna – rsluna2@aol.com Phone (626) 319-1900

Description: 32 count, 4 wall, Intermediate line dance - Cha Cha rhythm

Music: Regresa – By Calo available on iTunes

Dance begins after 48 counts on vocals Approx. 27 secs.

Step Left To Left Side, Cross Rock Recover, Triple To Right, Hinge 1/2 Turn Right, Step Together, Triple To Left

- 1-3 Step left to left side, cross rock right over left, recover onto left
- 4&5 Step right to right side, step left next to right, step right to right side
- 6-7 Hinge 1/2 turn to right stepping left to left side (6:00), step right next to left
- 8&1 Step left to left side, step right next to left, step left to left side

Rock Recover, 1/4 Turn Left Step, Cross, Step, 1/2 Turn Left, 1/4 Turn Left, Cross Shuffle

- 2-3 Rock right foot back, recover forward onto left
- 4&5 1/4 turn left step right back (3:00), cross left back over right, step right foot back
(when doing 4&5 do a slight arc, looking left and beginning to turn over left shoulder)
- 6-7 1/2 turn left step left forward (9:00), 1/4 turn left step right to right side (6:00)
(Note: Counts 4&5, 6, 7 travel towards 9:00 wall in a smooth curve)
- 8&1 Cross left in front of right, step right to right side, cross left over right

Box Step with Lock Steps

- 2-3 Step right to right side, step left next to right
- 4&5 Step right back, lock step left over right, step right back
- 6-7 Step left to left side, step right next to left
- 8&1 Step forward with left, lock step right behind left, step left forward (left toe out to prep for left turn)

1/2 Turn Left, 1/2 Turn Left, 1/4 Turn Rock Recover Cross, Step Left ,Right, Triple To Left

- 2-3 1/2 turn left step right foot back (12:00), 1/2 turn left step left forward (6:00)
- 4&5 1/4 Turn Left step right to right side (3:00), recover onto left, cross right over left
- 6-7 Step left to left side, step right next to left
- 8&1 Step left to left side, step right next to left, step left to left side (first step of new wall)