

Proud Mary Burnin'

Choreographed by Sobrielo Philip Gene

Description: 80 count, 1 wall, intermediate/advanced line dance

Music: Proud Mary by Glee Cast [CD: Glee: The Music, Vol. 2 /]

Intro: 16

At the beginning, the music is slow. Do the dance until count 80 (arm rolls). This will bring you to the back wall (6:00)

SIDE SHUFFLE, ROCK BACK RECOVER, KICK BALL CROSSES

- 1&2 Chassé side right, left, right
- 3-4 Rock left back, recover to right
- 5&6 Kick left forward, step left together, cross right over left
- 7&8 Kick left forward, step left together, cross right over left

SIDE SHUFFLE, ROCK BACK RECOVER, KICK BALL CROSSES

- 1&2 Chassé side left, right, left
- 3-4 Rock right back, recover to left
- 5&6 Kick right forward, step right together, cross left over right
- 7&8 Kick right forward, step right together, cross left over right

MONTEREY ½ TURN, POINT STEP, MONTEREY ½ TURN, POINT STEP

- 1-2 Touch right to side, turn ½ right and step right together (6:00)
- 3-4 Touch left to side, step left together
- 5-6 Touch right to side, turn ½ right and step right together (12:00)
- 7-8 Touch left to side, step left together

ROCK RECOVER WALKS, ROCK RECOVER WALKS

- 1-2 Rock right forward, recover to left
- 3-4 Turn ½ right and step right forward, step left forward (6:00)
- 5-6 Rock right forward, recover to left
- 7-8 Turn ½ right and step right forward, step left forward (12:00)

"Big wheels keep on turning"

VINE RIGHT TOUCH, ROLLING VINE TURN ¼ LEFT TOUCH

- 1-2 Step right to side, cross left behind of right
- 3-4 Step right to side, touch left together
- 5-6 Turn ¼ left and step left forward, turn ½ left and step right back
- 7-8 Turn ½ left and step left forward, touch right together (9:00)

VINE RIGHT TOUCH, ROLLING VINE turn ¼ left TOUCH

- 1-2 Step right to side, cross left behind of right
- 3-4 Step right to side, touch left together
- 5-6 Turn ¼ left and step left forward, turn ½ left and step right back
- 7-8 Turn ½ left and step left forward, touch right together (6:00)

"Rolling, rolling, rolling on the river"

ARM ROLLS (2 X)

- 1-2 Roll arms above head
- 3-4 Roll arms at hip level, leaning slightly forward
- 5-6 Roll arms above head
- 7-8 Roll arms at hip level, leaning slightly forward

ARM ROLL, TURN ¼ LEFT, TURN ¼ LEFT

- 1-2 Roll arms above head
- 3-4 Roll arms at hip level, leaning slightly forward
- 5-6 Step right forward, turn ¼ left (12:00)
- 7-8 Step right forward, turn ¼ left (weight to left)

65-80 Repeat counts 49-64 to end up facing the back wall (6:00)

INSTRUMENTAL

SMALL WALKS FORWARD KICK, WALK BACK TOUCH

- 1-7 Step right forward, step left forward, step right forward, step left forward, right, left, right
- 8 Kick left forward

Hands option: slowly bring hands up into a y shape on respective sides (palms facing front), hands come down on 8

- 1-4 Step left back, step right back, step left back, touch right together

Note the 4 counts (not 8)

SMALL JUMPS FORWARD, BACK, ¼ TURN SMALL JUMPS FORWARD, BACK

- &1-2 Step right slightly forward to right, step left slightly forward to left, hold
- &3-4 Step right slightly back, step left together, hold
- &5-6 Turn ¼ left and step right slightly forward to right, step left slightly forward to left, hold (3:00)
- &7-8 Step right slightly back, step left together, hold

¼ TURN SMALL JUMPS FORWARD, BACK, TWISTS

- &1-2 Turn ¼ left and step right slightly forward to right, step left slightly forward to left, hold (12:00)
- &3-4 Step right slightly back, step left together, hold
- 5-8 Swivel heels right, swivel heels left, swivel heels right, twist heels back to center

DIAGONAL WALKS FORWARD KICK, DIAGONAL WALKS WALK TOUCH

- 1-3 Walk forward diagonally right stepping right, left, right, (1:30)
- 4 Kick left forward
- 5-7 Walk back diagonally left stepping left, right, left, square up to 12:00 on count 7 (12:00)
- 8 Touch right together

DIAGONAL WALKS FORWARD KICK, DIAGONAL WALKS WALK TOUCH

- 1-3 Walk forward diagonally left stepping right, left, right, (10:30)
- 4 Kick left forward
- 5-7 Walk back diagonally right stepping left, right, left, square up to 12:00 on count 7 (12:00)
- 8 Touch right together

TAG (After wall 1)

- 1 Cross right over left
- 2-4 unwind turn ½ left (12:00)
- 1-8 Bounce right heel
- 1-8 Bounce left heel
- 1-8 Bounce right heel
- 1-8 Bounce left heel

Start dance again

ENDING

After wall 4 of dance, do counts 49-80 (arm rolls -32 counts), followed by counts 93-108 (jumps, 16 counts). Then cross right over left slowly unwind turn ½ left to face the front wall