

FLIP, FLOP & FLY

Choreographed by Frank Trace

32 count, 4 wall Easy Intermediate Line Dance

Music: "Flip, Flop & Fly" by Big Joe Turner
(CD "The Songs That Inspired Elvis")



KICK, BEHIND, STEP, CROSS, KICK, BEHIND, 1/4 STEP RIGHT, STEP

- 1-4 Kick R diagonally forward, step R behind L, step L to L side, cross step R over L
5-8 Kick L diagonally forward, step L behind R, step R 1/4 turn R,
step L forward (3:00)

RIGHT TOE STRUT, LEFT TOE STRUT, ROCKING CHAIR

- 1-4 Step R toe forward, drop R heel, step L toe forward, drop L heel
5-8 Rock forward onto R, recover onto L, rock back onto R, recover onto L

STEP, PIVOT 1/2 LEFT, STEP FORWARD, HOLD, FULL TURN RIGHT

- 1-4 Step R forward, pivot 1/2 turn L, step R forward, hold (9:00)
5-8 Make a full turn R stepping L, R, L, hold (9:00)

Easier option: Run forward stepping L, R, L, hold

SMALL JUMP FORWARD AND BACK, JAZZ BOX WITH CROSS OVER

- &1-2 Little jump forward stepping R, L, hold (clap)
&3-4 Little jump back stepping R, L, hold (clap)
5-8 Cross step R over L, step L back, step R to R side, cross step L over R

REPEAT