

# A - B TICKET

**Choreographer** Val Myers (UK) April 2002  
**Contact:** Phone: 020 8907 7374; Email: vmyers@dsl.pipex.com  
Web Site: www.vmyers.com

**Description:** 1 wall Absolute Beginner line dance (32 counts)

**Choreographers note:-** Since this is an Absolute Beginners dance there are many possible tracks. Here are some suggestions in alphabetical order.

Dance Above The Rainbow by Ronan Hardiman(117bpm)(Album: Line Dance Fever9)

Irish Stew by Sham Rock (125bpm) (Album: Sham Rock - The Album)

One Way Ticket by Lee Ann Rimes (120bpm) (Album: The No.1 Line Dancing Album)

## SECTION 1

### 1-8 HEEL STRUTS FORWARD x 4.

1-2 Step right heel forward, Drop right toe taking weight.  
3-4 Step left heel forward, Drop left toe taking weight.  
5-6 Step right heel forward, Drop right toe taking weight.  
7-8 Step left heel forward, Drop left toe taking weight.

## SECTION 2

### 9-16 WALK BACK x 3, TOUCH, STOMPS x 3 TOUCH.

1-2 Step back right, Step back left.  
3-4 Step back right, Touch left beside right.  
5-6 Stomp left in place, Stomp right in place.  
7-8 Stomp left in place, Touch right beside left.

## SECTION 3

### 17-24 GRAPEVINE RIGHT, TOUCH, GRAPEVINE LEFT, TOUCH.

1-2 Step right to right side, Cross left behind right.  
3-4 Step right to right side, Touch left beside right.  
5-6 Step left to left side, Cross right behind left.  
7-8 Step left to left side, Touch right beside left.

## SECTION 4

### 25-32 FORWARD RIGHT HIP BUMPS, BACK LEFT HIP BUMPS, HIP BUMPS X 4.

1&2 Small step - right diagonally forward, bumping right hip diagonally forward, back, forward.  
3&4 Bump left hip diagonally back, forward, back.  
5-8 Bump hips diagonally - right, left, right, left.

## START AGAIN AND ENJOY

**NOTE:** This dance is intentionally choreographed as an "Absolute Beginners" (A - B) dance. It takes A - B's from zero to first base, also hence A - B. It has been carefully designed to use easy steps for A - B's, with the following movement, in turn: Forward, Back, On the spot, Right, Left, On the spot with ONE wall and NO turns. N.B. there is a lot (for A - B's) in the dance, without the complication of turns and orientation.

A - B's can dance "A - B Ticket" positioned at the front of a split floor without being distracted by other dancers behind them and it is also ideal for situations where non line-dancers may be included.

The bumps are the fun bit!